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NOTTINGHAM CITY COUNCIL CHILDREN'S PARTNERSHIP BOARD

MINUTES of the meeting held at Loxley House, Nottingham on 22 March 2017 from 16.05 - 18.04

✓	Cllr Mellen	Portfolio Holder for Early Intervention and Early Years NCC
✓	Cllr Webster	Portfolio Holder for Education, Employment and Skills NCC
	Katy Ball	Director of Commissioning and Procurement- NCC
✓	Alison Michalska	Corporate Director of Children and Adults, NCC
✓	Helen Blackman	Director of Children's Social Care NCC
	Patrick Fielding Sarah Fielding	Joint Directors of Education NCC
	Chris Wallbanks	Strategic Commissioning Manager for Children NCC
✓	Jon Rea	Engagement & Participation Lead NCC
✓	Daunay Robinson	Representatives for Young People (Youth Cabinet)
	Supt Ted Antill	Nottinghamshire Police Authority
	Christine Oliver	Head, Crime and Drugs Partnership
✓	Sally Seeley	Director of Quality Personalisation NHS Nottingham City Clinical Commissioning Group
	Phyllis Brackenbury	Nottingham CityCare Partnership, Director of Operations and Transformation
	Chris Cook	Independent Chair, Local Safeguarding Children Board
✓	Julie Burton	Deputy Head, National Probation Service Nottinghamshire
✓	Jackie Newton	Primary Schools' representative
✓	Sally Pearce (Seely Primary School)	
✓	Scott Mason (Snape Wood School)	Primary Schools' representative
	David Stewart (Oakfield School)	Special Schools' representative
	Sean Kelly (Head of Top Valley)	Secondary Schools' representative
	John Yarham	Chief Executive of Nottingham and Nottinghamshire Futures
	Gaynor Rossiter	Jobcentre Leader and Troubled Families Employment Advisor (TFEA) Lead, DWP Job Centre Plus
✓	Stephen McLaren Maria Ward	Voluntary Sector Representatives

✓ Indicates present at meeting

Colleagues, partners and others in attendance:

Clive Chambers	- Head of Safeguarding and Quality Assurance
Helene Denness	- Consultant in Public Health
Emily Humphreys	- Directorate Support, Children and Adults
Nick Lee	- Head of Access and Learning
Sharon O'Love	- SHARP Manager
Dot Veitch	- Partnerships Support Officer
Phil Wye	- Constitutional Services Officer

34 APOLOGIES FOR ABSENCE

Phyllis Brackenbury
Chris Cook
Maria Ward
John Yarham

35 DECLARATIONS OF INTEREST

None.

36 MINUTES

The minutes of the meeting held on 18 January 2017 were agreed by the Board as a true record and signed by the Chair.

37 KEY MESSAGES AND ITEMS FOR INFORMATION

Alison Michalska updated the Board:

- (a) the inquest into the death of Shanay Walker took place at the beginning of February, with a verdict due on the 29th March. Outcomes of the Serious Case Review will not be released until the inquest is complete;
- (b) Nottingham City Council (NCC) has taken part in a pilot of re-inspection by Ofsted, as they were previously judged to require improvement. NCC is now judged to be good overall, with further work required in work with care leavers;
- (c) this is Dot Veitch's last Children's Partnership Board before her retirement. Dot has been instrumental in co-ordinating the Board and members wish her well in her retirement.

38 SMALL STEPS BIG CHANGES

Luke Murray, Programme Manager, gave a presentation to the Board, highlighting the following:

- (a) the Small Steps, Big Changes (SSBC) programme is lottery funded for 10 years and is focused in four wards of the city to deliver three child development outcomes: communication & language, nutrition and social & emotional development. Activities are co-ordinated by the Programme to deliver to these three outcomes, and evaluated to see

which ones make the greatest impact;

- (b) the SSBC programme is collaborative in order to work and develop new services in the hope that these will continue beyond the funding period. Collaboration is between existing workforces and newly commissioned workforces such as Family Mentors. There are also partnerships with the community and parents;
- (c) examples of successful initiatives of the programme include the Family Mentor programme, Small Steps at Home, the Imagination Library and the Innovation Fund;
- (d) the programme aims to keep children at the heart, with parents leading the way. This involves lots of events and engagements, as well as parent panels in order to keep parents involved in the design of services;
- (e) one challenge of the programme is to ensure consistent engagement with the workforce, as it requires support and guidance from experts in order to make successful changes beyond the programme's 10 year period. Another challenge is leading on system change, as one of the programme's principal aims is a move to early intervention away from later services;
- (f) upcoming work by SSBC includes a shared learning event on 12 May at Nottingham Conference Centre, the FRED programme to encourage fathers to read with their children, and work with the National Literacy Trust to investigate a literacy hub for the city;

The following points were raised during the discussion which followed:

- (g) schools are a key partner to the SSBC programme and they have met with and presented to head teachers across the four wards. However, more could be done to promote the programme as it is not seen as relevant as it is aimed at pre-school children;
- (h) the take-up of family mentors has been higher in the Aspley and Bulwell wards as they were introduced there first and so are more established. Every new mother is given a phone call offering the service and there are currently around 400 children with mentors.

39 CHILDREN AND YOUNG PEOPLE'S HEALTH AND WELLBEING IN NOTTINGHAM CITY - AN UPDATE

Helene Denness, Consultant in Public Health, introduced the report giving an update on children and young people's health and wellbeing in the context of Nottingham City's Children and Young People Plan 2016-20. Helene highlighted the following:

- (a) nearly 48% of women in Nottingham City are breastfeeding at 6 weeks which is better than the England average. Nottingham has the best initiation and 6 week breastfeeding rate of all its statistical neighbours;
- (b) 18.7% of mothers in Nottingham City were smokers at the time of delivery which is significantly higher than the England average. Every mother is referred to stop smoking services during pregnancy, and 70% of these quit, however many opt out of this;

- (c) the percentage of overweight or obese children in year 6 is 39% which is slightly lower than the statistical neighbourhood average but significantly higher than the England average. This number has plateaued and is not reducing;
- (d) mental and emotional health problems affect about 1 in 10 children and young people living in the UK. Using this estimate nearly 4,000 children and young people aged 5-16 in Nottingham have a mental health problem;
- (e) voluntary and community sector organisations have identified issues around mental health problems with access to services, lack of understanding in schools, academic stress, lack of services for young adults and bereavement;
- (f) priorities for 2017/18 are to further enhance the community eating disorder service, increase capacity for Child and Adult Mental Health Services (CAMHS) interventions, develop a CAMHS liaison function and to deliver a joint agency workforce plan to support children's emotional and mental health needs.

RESOLVED to

- (1) note the contents of the report and progress on health and wellbeing outcomes in the Nottingham City Children and Young People's Plan;**
- (2) note progress in improving the emotional and mental health of children and young people in Nottingham.**

40 SHARP

Sharon O'Love, SHARP Manager, gave a presentation to the Board on the Self-Harm Awareness & Resource (SHARP) Project, highlighting the following:

- (a) the SHARP project is funded by the Nottingham City Clinical Commissioning Group (CCG), initially for 18 months and now extended to 3 years. Its main aim is to raise awareness, build confidence and skills, and provide support to front-line service providers and professionals to intervene and manage young people who present with self-harm and suicidal behaviours;
- (b) there is a lot of evidence that early intervention works in reducing self-harm and suicidal behaviour. Between October 2015 and September 2016 all completed therapeutic interventions saw a reduction in these behaviours, and no young people risk assessed required a referral to the children's emergency department. There has also been a 28% reduction of children and young people presenting with self-harm to the children's emergency department between February 2014 and February 2015;
- (c) there are 66 school clinics, with most secondary schools having a clinic monthly, which identify early signs of self-harm or suicidal behaviours and undertake risk assessments. A robust safety plan is written, with some young people referred to specialist CAMHS services. However, 87% of young people attending receive support through universal services;
- (d) additional services include SHARP 4 Parents, for parents running bi-monthly in every area, and TRANS4ME for young transgender people. TRANS4ME ran 42 sessions last

year with 204 young people supported and has won awards;

- (e) funding from the CCG has enabled free training for front-line professionals, with the aim of running 15 sessions per month. These are on self-harm awareness, as well as other issues such as drugs, transgender issues, males and suicide, and early harmful behaviours in children. Between October 2015-September 2016, 133 training sessions were delivered with 1375 professionals attending;

The following points were raised during the discussion which followed:

- (f) young people are nominated by individual schools to attend clinics, and they must have consent to attend. They are given a 45 minute robust risk-assessment, given coping strategies and a crisis card with contacts;
- (g) the SHARP service also offers training to the voluntary and community sector, but this can be difficult sometimes as they are a very small team.

41 ELECTIVE HOME EDUCATION

Nick Lee, Head of Access and Learning, introduced the report providing an overview of Elective Home Education (EHE) in Nottingham, highlighting the following:

- (a) legally all parents have a right to home educate their children and there is no requirement to inform the local authority of this. The children must have a suitable education, but this does not include following the national curriculum or taking exams;
- (b) sometimes EHE can be a positive choice for a child if the parents are committed and have the time and capacity to provide a broad education, and to work towards suitable qualifications. However in many cases it is chosen for negative reasons such as where the relationship with a school have broken down;
- (c) there are two officers at the council who work with EHE families: a co-ordinator who manages caseload and records, and a partnership officer who develops partnerships to support the families and share good practice. When a child is removed from a school's roll for EHE, a 3 way meeting is set up between the school, family and council to make sure that the child's educational needs are met. A letter is written to the parent if the council does not support a move to EHE outlining the reasons why;
- (d) there are currently increasing numbers and more turnover of children in EHE at both a regional and national level. There has also been concern by Ofsted that some children registered as EHE may be in unregistered, potentially illegal schools, though there is no evidence of this in Nottingham;
- (e) there is concern around the profile of the children in EHE in Nottingham as a high proportion of them are either open to, or have previously been open to, social care. A number of them also have identified special educational needs, with 5 currently being open to an Education Health and Care Plan;

The following points were raised during the discussion which followed:

- (f) the local authority has developed relationships with colleges to encourage EHE children to move onto Further Education. They do not have to be on roll at a school to take their GCSEs as they can do this in exam centres;
- (g) the letter that is sent to parents discouraging them from EHE has no legal status but is backed up by professionals where appropriate. Nottingham is seen as one of the more proactive local authorities for EHE.

RESOLVED to note the findings of the report and associated presentation and consider the implications / cascade across respective areas of responsibility.

42 PARTICIPATION STRATEGY ACTION PLAN 2016-17

Jon Rea, Partnership Officer introduced the report giving a brief summary of achievements during the first full year of the Strategy action plan and signposting areas for further work going forward, highlighting the following:

- (a) the Participation Strategy was adopted a year ago. It has met and exceeded its targets for 2016-17 of both holding 60 participation events and 1000 children and young people (CYP). The participation strategy has three key strands: individual participation, social participation and public participation. Examples of activities within these areas as well as areas for development are included in the report and the presentation attached to these minutes;
- (b) individual participation supports the voice of CYP in statutory areas like Children in Care, as well of those engaged by non-statutory targeted and specialist services like Priority Families Many of the most vulnerable CYP in the city benefit from participation;
- (c) social participation involves CYP engaged through universal and targeted services, including through education provision and community-based activities;
- (d) public participation is a well-established field of participation activity with a calendar of forums and groups such as Primary Parliament and Youth Cabinet.
- (e) colleagues in many areas and services support the participation agenda. These are supported by the Participation in Steering Group. A participation model called 'Sharing the Future' is being trialled with the University of Nottingham. This will also help shape engagement and participation in the voluntary sector;

RESOLVED to

- (1) recognise the importance of the work done across the Children's Partnership to support children and young people to be involved in decisions which affect their lives and the contribution it makes to the work of the Partnership;**
- (2) approve the direction of the Participation Strategy and to continue to contribute to the successful delivery of the action plan;**
- (3) consider specific areas of participation work for inclusion in the 2017-18 participation action plan.**

43 PARTNER UPDATE: NCVS

This item was withdrawn from the agenda.

44 FORWARD PLAN

The Forward Plan was noted

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An update on children and young people's health and wellbeing in the context of Nottingham City's Children and Young People Plan 2016-20

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Helene Denness (Consultant in Public health)

Minute Item 39

Summary of issues

- Nearly 48% of women in Nottingham City are breastfeeding at 6 weeks which is better than the England average of 43%. Nottingham has the best initiation and 6 week breastfeeding rate of all its statistical neighbours.
- 18.7% of mothers in Nottingham City were smokers at the time of delivery which is significantly higher than the England average (10.6%) and the third highest rate of our statistical neighbours. However, 70% of women who access stop smoking services during pregnancy quit.
- The percentage overweight or obese increases to 39% in Year 6 which is slightly lower than the statistical neighbour average but significantly higher than the England average. The proportion of children overweight and obese in Nottingham City has plateaued.

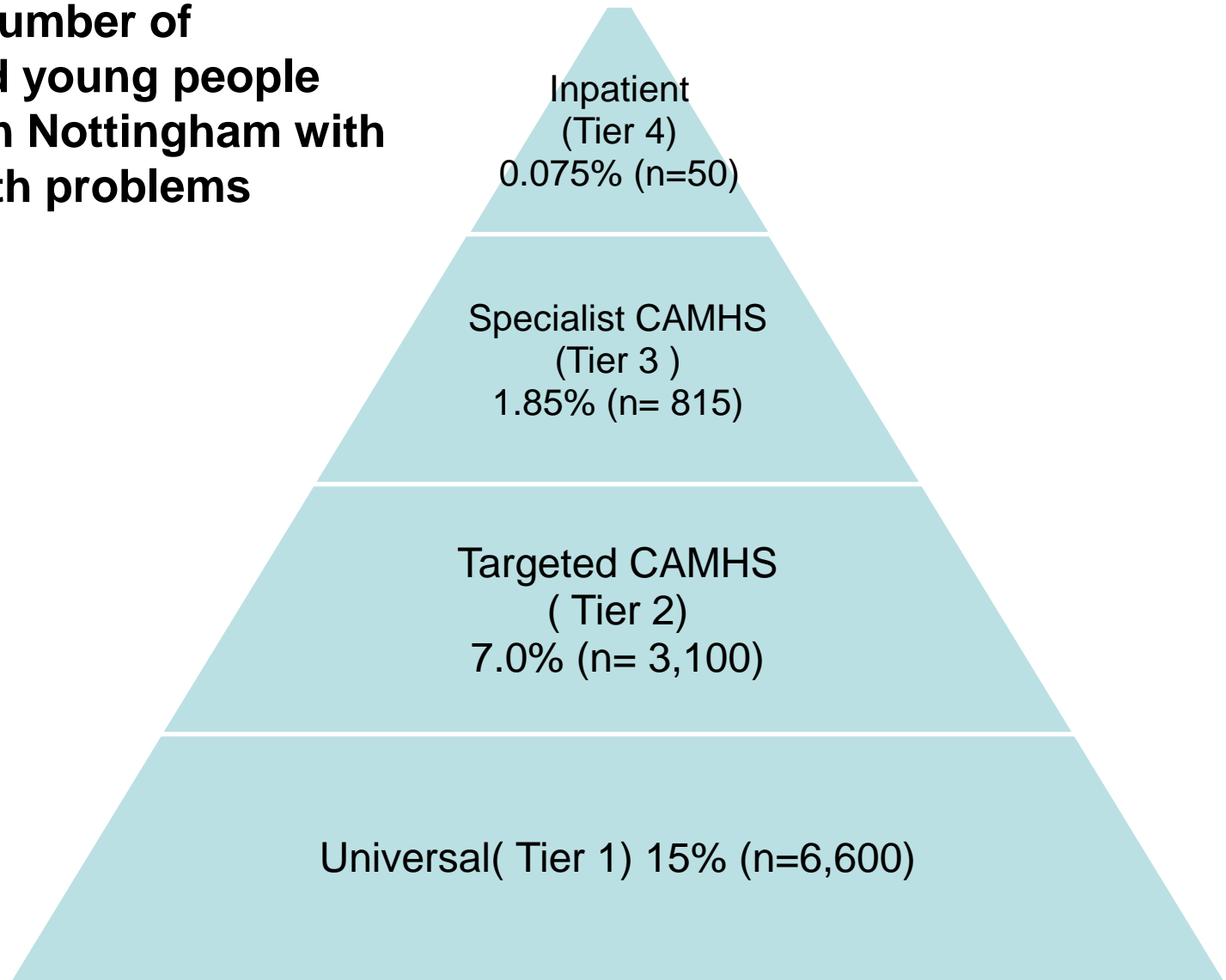
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Emotional and mental health

Good mental and emotional health is essential to enable children and young people to fulfil their potential. Mental and emotional health problems are an important and common group of disorders affecting about 1 in 10 children and young people living in the UK.

Using these estimates nearly 4,000 children/young people aged 5-16 years in Nottingham have a mental health problem. National evidence suggests that half of all adult mental health problems start by the age of 14 years.

Estimated number of children and young people 5-17 years in Nottingham with mental health problems



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A recent snapshot of 14 VCS organisations who are members of the Children and Young Peoples Provider Network identified the following issues:

- > Access to services delayed due to waiting times including when in crisis
- > Lack of understanding of mental health problems in schools
- > Academic stress and problems at school seen as contributing to mental health problems
- > Lack of services for young adults aged 18 – 25
- > Parents reported being told to come back when the problem is more severe
- > Challenges in dealing with bereavement and loss

Priorities for 2017/18

- Further enhance the community eating disorder service to meet children's needs early and effectively
- Increase capacity within CAMHS specifically in order to deliver evidence based interventions
- Develop a CAMHS liaison function as part of the CAMHS Crisis Resolution and Home Treatment model, so that young people can be assessed in a more timely way when attending QMC in mental health crisis, and so that paediatric admissions can be avoided where it is safe and in the young person's best interests to do so.
- Deliver the joint agency workforce plan to increase the capability of the children's workforce in the City to support children's emotional and mental health needs. This will include the delivery of Mental Health First Aid training to city staff working with children and young people.

Questions



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CYP Participation Strategy 2016-17

Report to Children's Partnership Board, 22nd March 2017

CYP Participation Strategy 2015-19

Participation Strategy adopted by the Children's Partnership Board in December 2015, monitored action plan from April 2016

Manifesto pledge: 'Consult young people on important decisions and involve them in the Council's decision making process' (CP25). Two performance indicators for the Strategy:

Target 2016-17	Actual 2016-17
1. Number of participation events held per annum (target 60 events)	66 events held
2. Number of children and young people participating (target 1000 CYP)	c.1066 CYP engaged

Individual Participation

- Introduced MOMO (Mind of My Own) to empower the voice of CYP in targeted and specialist services
- Supported SEND inspection readiness preparation, SEND engagement specification development and IASS strategic commissioning review
- Conducted Quality Assurance Strategy process around participation of children and young people receiving specialist and targeted services around, including audits of CiN, CP and LAC reviews
- Supported the development of participation plans for young people accessing Youth Offending Team services

For development: Individual Participation

- Support roll-out of MOMO training across Children's Social Care and monitor uptake by Children in Care and other cohorts accessing the app
- Develop social media communication with Children in Care and Care Leavers via the *Face Up* Facebook page and other online communication channels
- Support the Future in Mind programme to develop co-productive participation opportunities for young people in Mental Health pathways
- Support participation of children and young people in the development of services addressing child sexual exploitation and domestic violence risks

Social Participation

- Designed and delivered co-productively with young people three termly locality based Youth Council meetings
 - > 20 young people involved in co-production activity
 - > 75 young people in attendance
- Supported development of school-based CYP engagement programme for Opportunity Notts (including launch of the programme at Primary Parliament)
- Supported participation in youth voter registration programme through activities and planning with Voter Registration Officer

For development: Social Participation

- Extend opportunities for CYP with SEND to participate in social settings through the new participation arrangements
- Improve processes for capturing and recording information from social participation into JSNA and strategic commissioning work
- Work with National Citizenship Service to ensure more City resident young people are targeted and recruited into the programme
- Work with colleagues on the Prevent programme to improve opportunities for participation of young people in the design and delivery of Prevent programme engagement activities

Public Participation

Youth Cabinet youth leadership activities included:

- Consultations on the new Health & Well-Being Strategy; Council budget proposals; the Cultural Education Framework; the One Nottingham priority theme of Aspiration; and the Youth Offending Team engagement strategy
- Representation on various strategic boards and operational steering groups, including One Nottingham board
- Design & delivery of the Youth Cabinet Schools' Conference
- Design & delivery of the Debate Science! Youth Parliament
 - > 60 young people for Nottingham Youth Parliament event
 - > 6 delegates at the European Science Parliament event in Manchester

Public Participation

- Primary Parliament: production of marketing tools for the development and launch of the *Looking After Each Other* campaign
- Children in Care Council: development of questions for use by locality Fostering and Adoption panels in the recruitment of new carers; and Have Your Say survey work
- Involvement in tender specification and marking for Strategic Commissioning Team; and participation in Public Health recruitment
- Co-production for Stemcity science engagement plan, including Festival of Science and Curiosity, NUCLEUS project and SMART City
- Participation in Nottingham in Parliament Day and Children's Commissioner's Takeover Week Challenge

For development: Public Participation

- Develop opportunities for children and young people in Takeover Week 2017 activity and increase the number of Children's Partnership partners taking part
- Further develop opportunities for participation in the SMART cities engagement plan Festival of Science and Curiosity programme, and emerging Civic Technology agenda





Resources and Workforce Development

- Ensured work linked to post-Ofsted improvement plan has been met and reported
- Developed the Participation in Steering group (PSG) membership to better reflect the breadth of Children's Partnership interests
- Conducted a research trial into the *Sharing the Future* participation model with colleagues from University of Nottingham to validate the approach
- Supported voluntary sector training in engagement and participation using *Sharing the Future* and supported Early Help Play and Youth team with development of their CYP participation plans

For development: Resources and Workforce

- Develop online resources for *Sharing the Future* and other participation tools
- Develop Children's Services induction materials around engagement and participation

Management and Governance Arrangements: Participation Steering Group

Chaired by the Engagement and Participation Lead, accountable to CPB and Portfolio Holder. Currently represented by the following service areas and personnel:

- Children in Care Team
- Children's Social Care
- Early Help Play and Youth Team
- Nottingham City Safeguarding Children Board
- SEND Reforms Board
- Small Steps Big Changes
- Voter Registration
- Youth Offending Team